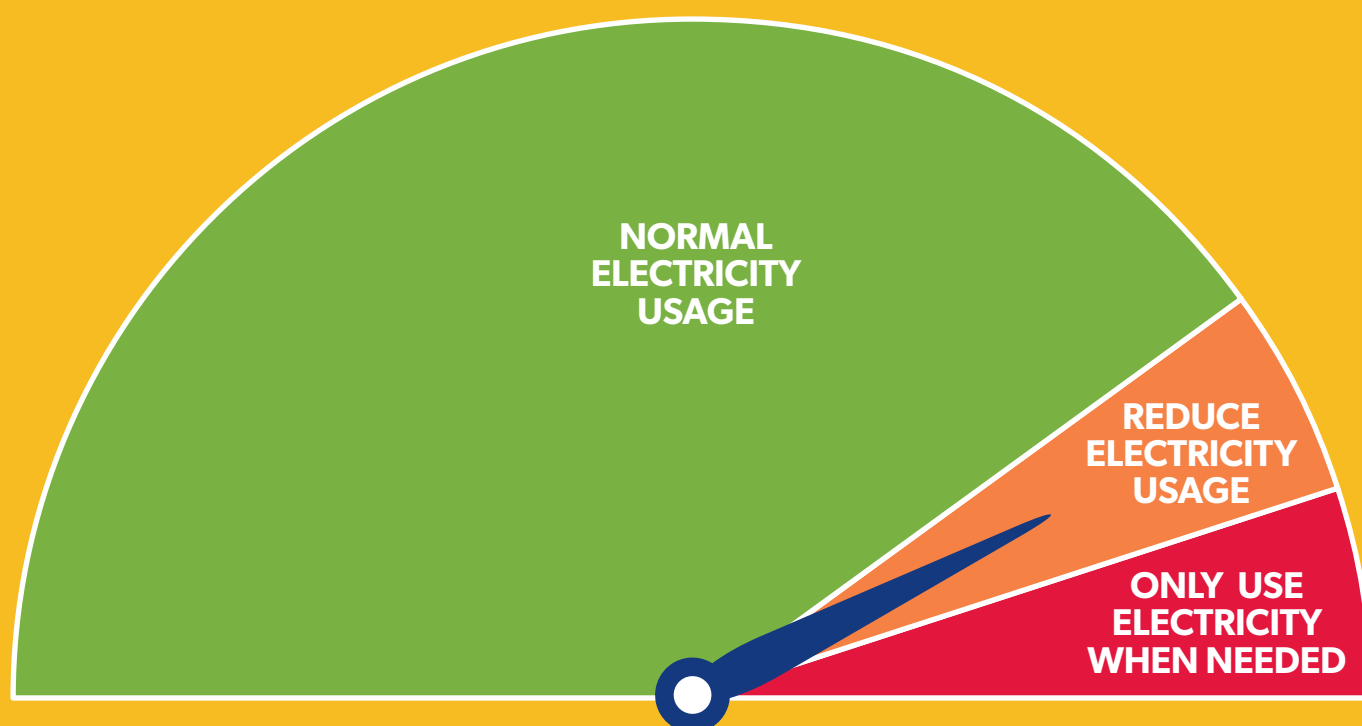


Extreme weather is impacting our electricity grid

Extreme weather may impact your energy supply. Your small changes in energy use can make a big difference.



**Small changes
can make a big
difference**



**TURN IT
OFF**



**SWAP AND
SAVE**

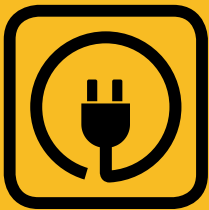


**KEEP HEAT
OUT**

Most people won't be impacted by the hot weather, but if you are over 65 or have a health issue, please visit the [Beat the Heat website](https://health.nsw.gov.au/environment/beattheheat) (health.nsw.gov.au/environment/beattheheat) or call healthdirect on 1800 022 222.

Extreme weather is impacting our electricity grid

Making small changes at critical times can help the electricity network to get back to normal as quickly as possible.



TURN IT OFF

- Between 3.00pm – 7.00pm
 - Turn off any non-essential lighting and appliances
 - Limit to no more than 3 lights
- Turn off appliances at the wall when they're not in use
- Turn off your pool pump



SWAP AND SAVE

- Use a fan instead of air-conditioning where possible
- If using air-conditioning, switch it to 26 degrees
- Swap your stove or oven for a cold meal
- Change hot water for cold in your washing machine
- Use your clothesline instead of a dryer



KEEP HEAT OUT

- When leaving the house, close your blinds, doors and windows to keep your house cool
- Focus on cooling one part of your house and turn off the air-conditioning, lights and appliances in the other areas

By everyone working together on taking these small actions over a short period of time, we can help minimise disruptions to the electricity network. If you are experiencing disruptions, contact your network provider for updates in your area.