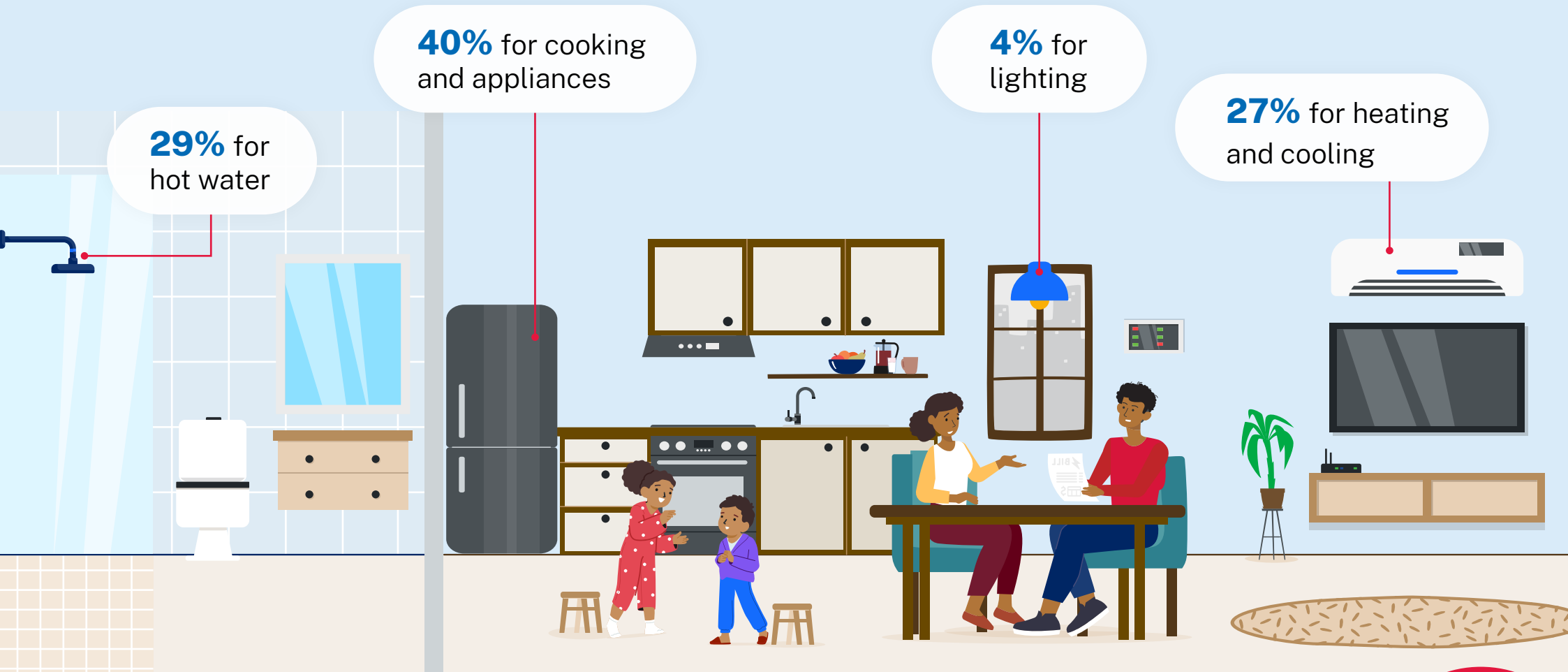


# How you use energy in your home

The average NSW home uses energy like this



# Tips to use less energy at home and save money



## Do every day



Switch off unused appliances.



Run dishwasher and washing machine when full.



Aim for 4 minute showers.



Wash clothes in cold water and dry outside.



Set fridges between 3°C and 4°C and freezers between -15°C and -18°C.



## Do in summer



Use a fan before air conditioning. Set fan to spin anticlockwise.



Set air conditioner between 23°C and 26°C.



Let cool air in at night. Open windows, curtains and blinds.



Block heat out in the day. Close doors, windows, curtains and blinds.



Only cool the room you're using. Close doors and block drafts.



## Do in winter



Move warm air around your home. Set ceiling fan to spin clockwise.



Set heating between 18°C and 21°C.



Trap heat inside at night. Close doors, windows, curtains and blinds.



Let winter sun in. Open curtains and blinds.



Only heat the room you're using. Close doors and block drafts.